

Let's join hands to fight Japanese Encephalitis

A 4-year old boy, Vicky, died of Dimagi Bukhar in a village in eastern UP. The village ASHA organized a meeting in the village to spread awareness about its prevention & control. She invited the Village Pradhan, parents of 0-15 year old children, ANM and Anganwadi Worker to the meeting.

You all are aware that Vicky lost his life because of Dimagi Bukhar. It is a very serious condition but we should not be afraid of it.

Today we've the doctor from Primary Health centre to give us information on how to recognize a Dimagi Bukhar patient and tell us about the precautionary measures to save our children from JE

Dimagi Bukhar or Japanese Encephalitis is a mosquito borne disease that mainly affects children below 15 years of age

At first the child develops fever in which vigorous sponging from the tap should be done. Paracetamol can be given

In case a child develops high grade fever, unconsciousness, convulsions or behaves abnormally, s/he should be referred to a Government health center without delay



Doctor, what should we do as a community to prevent our children from this deadly disease.



Japanese Encephalitis is a life threatening disease.



1

Keep your children covered, especially in the evening. Make them wear full sleeves clothes. Keep their arms and legs covered

2

Use mosquito coils/ repellants, especially at night



3

Use bed nets regularly preferably those distributed by the Government



4

Keep your surroundings clean. Do not let water stagnate near your house



Doctor, is it enough to protect ourselves only from mosquitoes to prevent Dimagi Bukhar?



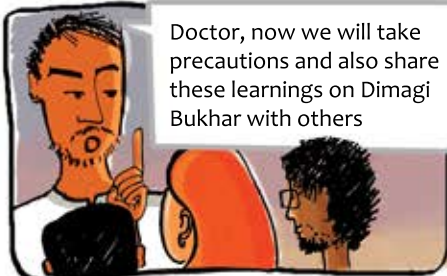
No, prevention from mosquito bites or keeping surroundings clean is only one part of the prevention exercise.



Parents should positively get their children (0-15 years of age) vaccinated for JE. It is available at the Health center for free.



Thank you doctor for your time and for providing us with all this important information



Doctor, now we will take precautions and also share these learnings on Dimagi Bukhar with others



Remember, it is important to inform the local health workers or immediately take the child to nearest health center. Delay in treatment only worsens the situation.